



We are thrilled to announce the upcoming Livestrong at the YMCA Fundraiser Silent Auction, where you'll have the unique opportunity to bid on incredible items, while supporting an amazing cause.

We are auctioning off FOUR used ARC Trainer R Series Total Body Trainer's, valued at \$3,500 each! This top-of-the-line fitness machine offers an intensive, total body workout, suitable for all fitness levels. Now's your chance to bring the quality of a gym workout straight to your home, all while supporting the Livestrong at the YMCA program for cancer survivors.

**Auction Details:**

- **Start Date: June 5th**
- **End Date: June 16th**
- **Starting Bid: \$400**
- **Buy It Now Price: \$2,500**
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**ARC TRAINER**

**R SERIES TOTAL BODY ARC TRAINER**

The popular alternative motion cardio unit offers extreme efficiency and effectiveness backed by exercise science. It is ideal for general exercisers, those looking for a challenging HIIT workout, and everything in between.

- Moving arms with curved multigrip handles provide a total body workout and added versatility.

- 21 incline levels allow for a wide range of workouts and the ability to work different muscle groups.

- Standard internet connection provides detailed equipment use information, exerciser insights and preventive maintenance alerts. Connection also enables remote equipment monitoring, which allows our knowledgeable technicians to alert you in the rare case of a problem, often before you know one exists.

- Two console options. The 70T Console includes on-demand workouts, integrated TV, touch screen functionality, and an enhanced exerciser experience. The 50L Console offers simplified interaction and a bright LED display.

## Features

### LIFE FITNESS ON DEMAND

Improve your cardio experience with instructor-led workouts, available on demand on connected Cybex 70T consoles. Choose from a wide variety of difficulty levels and programming styles led by a diverse team of instructors.

### PLUTO TV

Pluto TV offers easy access to binge-worthy TV, hit movies, the latest breaking news, live sports and more on all connected Cybex 70T consoles.

### DOWN AND BACK MOTION

The simple movement of the Arc Trainer makes it easy for exercisers to focus on their pace and power, instead of their leg motion.

### DIGITAL FACILITY MANAGEMENT

Halo Fitness Cloud offers one centralized location where fitness facilities can easily manage business operations, communicate with members, plan and schedule fitness programming and more. Choose from three plans and three enhancements, depending upon your facility needs.

## TECHNICAL SPECIFICATIONS

<b>Dimensions (LxWxH)</b>	77" x 36.5" x 60.5" (195.5cm x 92.5cm x 153.5cm)
<b>Max User Weight</b>	400 lbs (181 kg)
<b>Power</b>	120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker
<b>Base Options</b>	Lower body with stationary arms; Upper body with moving arms
<b>Heart Rate Monitoring</b>	Contact handles
<b>Compliance</b>	TUV CUE certificate to UL1647, CSA C22.2-60335-1, IEC60335-1; EN ISO 20957-1, EN 957-6, FCC Class A (domestic), CE General Product Safety, Low Voltage, EMC and RoHS Directives, ASTM

<b>Color</b>	Platinum Sparkle
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