



West Suburban YMCA
RELEASE AND WAIVER OF
LIABILITY AND INDEMNITY
AGREEMENT

Name: Gender Pronoun:

Date of Birth: Phone:

Address: City/State/Zip:

Email Address:

Emergency Contact Name & Phone
Number:

PLEASE READ CAREFULLY. THIS DOCUMENT EFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT, YOU ARE
RELEASING THE WEST SUBURBAN YMCA FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE.

In consideration for being permitted to utilize the facilities, services, and programs of the YMCA for any purpose, including but not limited to
observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the
undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that
he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated
program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such
affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated
programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably
suited for the purpose of such observation, use, or participation.

Assumption of Risk

I acknowledge and agree that any use of The West Suburban YMCA facilities, services, equipment and premises ("Facilities") and any participation
in The West Suburban YMCA programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and
severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I voluntarily accept and assume full
responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge
of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, agree that The West Suburban YMCA, it's officers,
directors, agents, employees, volunteers, insurers and representatives ("Releasees"), will not be liable for any personal injury, property damage,
disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring
including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal
injury, property damage, disability, death, sickness, or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and HEREBY DO RELEASE, WAIVE AND COVENANT
NOT TO SUE Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to,
claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of
personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of
Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs,
including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to INDEMNIFY AND HOLD HARMLESS Releasees from any and
all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of
or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any
minors.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further
agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

Member/Participant's Signature:

Parent/Guardian's Signature:

(Required if under the age of 18)

Date:

## West Suburban YMCA CODE OF CONDUCT FOR MEMBERS

The West Suburban YMCA is committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to adhere to this Code of Conduct when in our facilities and/or participating in our programs. We expect persons using the YMCA to behave in a mature and responsible way and to respect the rights and dignity of others. Our Code of Conduct does not permit any action that can hurt or frighten another person or that falls below a generally accepted standard of conduct.

YMCA staff members are always available to assist with Code of Conduct matters. All reported incidents will be reviewed by YMCA Management. When a violation of the Code of Conduct has occurred, the decision to suspend or terminate YMCA membership privileges will be made by YMCA Management. Member privileges may be suspended or terminated by the West Suburban YMCA or other disciplinary action may be taken which is deemed appropriate by the West Suburban YMCA under any of the following conditions:

- Failure to clean any equipment immediately after use
  - Failure to comply with COVID Protocol in effect
  - Inappropriate attire including offensive wording on shirts or accessories, or other attire deemed inappropriate in a family environment
  - Angry or vulgar language including swearing, name calling or shouting
  - Physical contact with another person in an angry or threatening way
  - Any demonstration of sexual contact or activity
  - Harassment or intimidation by words, gestures, body language or any other menacing behavior
  - Theft or behavior which results in the destruction of property
  - Conduct of an inappropriate, threatening, or offensive nature
  - Loitering inside or outside the YMCA
  - Violation of safety and security procedures
  - Smoking or the use of tobacco while on YMCA property
  - Bizarre or offensive comments regarding violent events and/or behavior
  - The spreading of malicious rumors
  - Using or possessing illegal chemicals or alcohol in or on YMCA property or at YMCA sponsored programs
  - Carrying or concealing any weapons or devices/objects which may be used as weapons
  - Purposely creating conflict with a staff, volunteer, participant, or member
  - Staff / members will not give gifts (even small gifts), keep secrets, or show favoritism to individuals
  - Submitting false information on the Membership Application
  - Failure to adhere to policies of respective areas in the YMCA (Pool, Wellness Center, Gym, etc.)
  - Unauthorized use of a member's membership card or account
- Failure to pay dues, fees, charges, or any other amount owed to the West Suburban YMCA in a proper and timely manner.
  - Treats the staff or employees at the West Suburban YMCA in an unreasonable or abusive manner (including but not limited to sexual harassment)
  - Engages in conduct that is improper or likely to endanger the welfare, safety, harmony or reputation of the West Suburban YMCA, and its members, or employees
  - Discrimination against or harassment of a staff member, volunteer, participant or member because of race, color, age, creed, sex, sexual preference, national origin, or disability
  - Members are not permitted to contact YMCA staff via personal contact information, including, but not limited to email, instant messaging, text messaging, cellular/regular phone calls, social networking pages or other communication vehicles.
  - Convicted and/or registered sex offenders are excluded from membership and program participation at the West Suburban YMCA, and offenders shall not enter onto YMCA property or loiter in the vicinity of YMCA programs and activities.
  - Any member of the West Suburban YMCA whose membership privileges have been terminated for any reason shall only be eligible for readmission upon approval by the West Suburban YMCA at its sole discretion. Any member of the West Suburban YMCA whose membership privileges have been terminated for submitting false information on the application shall not be eligible for readmission to membership.
  - Any member of the West Suburban YMCA whose membership privileges have been restricted or suspended for any reason, shall not be entitled to the repayment of any initiation fees, dues, or other charges. During the restriction or suspension, dues, fees, and other charges shall continue to accrue and shall be paid in full prior to reinstatement as a member in good standing.
  - This Code of Conduct and other rules and regulations enacted by the West Suburban YMCA may be amended with or without notice.

Participant Name Printed: \_\_\_\_\_

Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_