

CAMP FRANK A. DAY the

Camp Frank A. Day is about community, learning skills, developing character and making friends. It is a place where kids can take a break from technology and get outside and do what kids do best—have fun! Few environments are as special as overnight camp, where kids learn how to be more independent and how to contribute to a group. Through physical, social and educational activities, camping also teaches self-reliance, a love for nature and the outdoors, and the development of attitudes and practices that build character and leadership—all amidst the fun of camp fires, bugle calls, boating, intermural sports and arts enrichment. Come find out what all the singing is about!

Minicamp: designed for campers who would like to sample the world of residential camping before making an extended commitment

Leader-in-Training: a program for our oldest campers (ages 16) that helps with the transition from camper to counselor. LITs assist counselors in daily operations and camper supervision.

Lodging:

Campers live in separate gender, age-appropriate lodging groups with their counselors. A minimum of one counselor is assigned to every six campers. All cabins and tents have electricity. We allow for one bunk mate request per camper and both campers must make the matching request. Bunk mates must be within one year of each other in age and the older camper will always move to a younger cabin if necessary. While we do our best to accommodate campers' wishes, bunk mate requests cannot be guaranteed.

Meals:

We serve three well-balanced meals daily in our clean, spacious dining hall. Our nutritious menus include fresh fruits, low fat milk, a salad bar and a variety of vegetarian options offered daily. Most dietary requirements can be met. Please call us in advance if you have any questions or would like to discuss the needs of your camper.

Health Care:

Our Health Center is staffed by certified medical personnel on call at all times. All staff members are trained in emergency procedures and certified in First Aid and CPR. Additional medical facilities and emergency services are only minutes away in nearby Southbridge, MA.



Water Activities	Sports and Athletics	Enrichment Activities
Canoeing	Archery	Arts & Crafts
Fishing	Basketball	Creative Writing
Kayaking	Climbing Tower	Dance
Sailing	Cricket	Drama
Snorkeling	Fitness/Wellness	LARP (Live Action Role Play)
Swimming	GaGa Ball	Music
Water Skiing	Ropes Course	Nature
Paddle Boarding	Rugby	Yoga
	Soccer	
	Tennis	
	Ultimate Frisbee	

REQUIRED INFORMATION- CAMPERS MAY NOT BE DROPPED OFF AT CAMP WITHOUT THE FOLLOWING:

- A fully completed CampSite profile
- Copy of physical dated within 2 years of the camper's last day of camp in 2018 and Record of Immunizations
- All required medications (may be dropped off on camper's first day) and medication authorization form *Please note: all nonprescription medications must have written permission from a doctor to be administered.
- Full payment of tuition

All information requested will need to be filled out through CampSite. Details on how to set up that account will be sent to you 1 week after registration.

